

# My Hygiene Chart



	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Brush Teeth (morning)</b>							
<b>Wash Face</b>							
<b>Put On Clean Clothes</b>							
<b>Brush/Comb Hair</b>							
<b>Take A Bath/Shower</b>							
<b>Use a tissue to wipe nose</b>							
<b>Brush Teeth (evening)</b>							